



**PARENT POWER SCHEDULE
2025 - 2026
ODESSA HEAD START/EARLY HEAD START SITES**

<i>Session #</i>	<i>Date</i>	<i>“The Parent Power Program”</i>	<i>Parent Power Presenters</i>	<i>Time</i>	<i>Location</i>
1&2	Tuesday, October 7, 2025	<i>Introduction of Program Parenthood Self-Assessment</i>	Ms. Torres	5:30 – 7:30 PM	Hollingsworth Head Start Center
		<i>Character of a Man</i>			
3&4	Tuesday, October 14, 2025	<i>Influence of Character</i>	Ms. Torres	5:30 – 7:30 PM	Hollingsworth Head Start Center
		<i>My Anger – Friend or Foe?</i>			
5&6	Tuesday, October 21, 2025	<i>Dealing With Guilt & Shame My Child’s Life Part I & Part II</i>	Ms. Torres	5:30 – 7:30 PM	Hollingsworth Head Start Center
7&8	Tuesday, November 4, 2025	<i>Improving Communication</i>	Ms. Torres	5:30 – 7:30 PM	Hollingsworth Head Start Center
		<i>Healthy Relationships</i>			
9&10	Tuesday, November 11, 2025	<i>Traditions, Culture & Identity</i>	Ms. Torres	5:30 – 7:30 PM	Hollingsworth Head Start Center
		<i>Developing Your Support System & Parenthood – The Next Level Graduation/Recognition – End of Classes</i>			
11	Tuesday, November 18, 2025	<i>(Make-Up Day if necessary)</i>	Ms. Torres	5:30 – 7:30 PM	Hollingsworth Head Start Center

** Dates Subject to Change **

**** Hollingsworth Head Start Center located at 900 S. Grant St. – Odessa*