

June 2025 | Wrap Around Summer Lunch Menu



Announcements:

Ingredients

Fresh Sliced Strawberries

1 Tablespoon Sugar

1 Teaspoons Lemon Juice

1 cup Whipped Cream

½ Teaspoon Vanilla (optional)

Directions

1. Rinse Strawberries carefully, remove stems, cut large berries in bite-sized pieces.





Put in a bowl.

2. Depending on sweetness of strawberries and your personal tastes sprinkle with about 1 tablespoon sugar and 2 teaspoons lemon juice. Stir carefully until well coated.

Layer

Strawberries
Whipped Topping
Strawberries
Whipped topping and
To with strawberries.



Monday	Tuesday	Wednesday	Thursday	Friday
2 6 oz. Milk ½ Chicken Quesadilla ¼ c Spanish Rice ¼ c Black Beans ¼ c Peaches	3 6 oz. Milk ½ Sloppy Joe Sandwich ¼ c Sliced Carrots ¼ c Diced Pineapple	4 6 oz. Milk ½ scoop Chicken Spaghetti ¼ Roasted Broccoli ¼ slc Garlic Bread ¼ c Oranges	5 6 oz. Milk 1 slc Thick Turkey ¼ c Mac & Cheese ¼ c Snap Peas ¼ c Mangos	6 6 oz. Milk ½ Bean & Cheese Burrito ¼ c Corn ¼ Apple Slices
9 6 oz. Milk 1 Soft Beef Taco ¼ c Refried Beans ¼ c Apricots	10 6 oz. Milk 1 oz. Diced Chicken ¼ c Green Beans ¼ c Brown Rice ¼ c Strawberries	11 6 oz. Milk ½ c Beef Spaghetti ¼ c Snap Peas ½ Dinner Roll ¼ c Raspberries	12 6 oz. Milk ½ Chicken Enchilada ¼ c Black Bean & Corn Salsa ¼ c Mangos	13 6 oz. Milk ½ slc Turkey & Cheese Sandwich ¼ Sliced Carrots .5 oz Cheese Puffs ¼ c Mixed Fruit
16 6 oz. Milk ½ Chicken Quesadilla ¼ c Spanish Rice ¼ c Black Beans ¼ Peaches	17 6 oz. Milk ½ Sloppy Joe Sandwich ¼ c Sliced Carrots ¼ c Diced Pineapple	18 6 oz. Milk ½ scoop Chicken Spaghetti ¼ Roasted Broccoli ¼ slc Garlic Bread ¼ c Oranges	19 NO SCHOOL 	20 6 oz. Milk ½ Bean & Cheese Burrito ¼ c Corn ¼ Apple Slices
23 6 oz. Milk 1 Soft Beef Taco ¼ c Refried Beans ¼ c Apricots	24 6 oz. Milk 1 ½ oz. Diced Chicken ¼ c Green Beans ¼ c Brown Rice ¼ c Strawberries	25 4oz Milk ½ c Beef Spaghetti ¼ c Snap Peas ½ Dinner Roll ¼ c Raspberries	26 6 oz. Milk ½ Chicken Enchilada ¼ c Black Bean & Corn Salsa ¼ c Mangos	27 6 oz. Milk ½ slc Turkey & Cheese Sandwich ¼ Sliced Carrots .50 oz Cheese Puffs ¼ c Mixed Fruit
30 NO SCHOOL				 <h2>Strawberries</h2> <p>Season in Texas: April - June Did you know? On average, each strawberry has 200 seeds</p> 



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
www.SquareMeals.org

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