

October 2026

Head Start & Early Head Start Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			01 Milk French Toast Stick Sausage Patty Blueberries	02 Milk Bagel Cream Cheese Strawberries
05 Milk Turkey Biscuit Mandarin Oranges Cup	06 Milk English Muffin Scrambled Eggs Blueberries	07 Milk Granola Yogurt Mixed Berries	08 Milk Egg & Cheese Burrito Strawberries	09 Milk Avocado Toast Turkey Bacon Mangos
12 Milk Biscuit Scrambled Eggs Applesauce Cup	13 Milk Cereal Peach Cup	14 Milk Toast Scrambled Eggs Pineapples Cup	15 Milk Pancakes Blueberries	16 Milk Cheese Toast Tropical Fruit Cup
19 Milk Ham, Egg & Cheese Toast Peach Cup	20 Milk Oatmeal Bananas	21 Milk Cheese Toast Mango Applesauce	22 Milk Biscuit Cream Gravy Pear Cup	23 Milk Toast Sausage Patty Strawberries
26 Milk Ham & Cheese Croissant Peach Cup	27 Milk Cereal Pineapple Cup	28 Milk Breakfast Pizza Mangos	29 Milk French Toast Stick Sausage Patty Blueberries	30 Milk Bagel Cream Cheese Strawberries



Announcements

Trunk or Treat

6:30 pm to 8:00 pm
900 S Grant Ave
Hollingsworth Head Start



www.SquareMeals.org



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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