

October 2026

Head Start & Early Head Start Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			01 Activity Banana Pudding Yogurt Banana Graham Crackers	02 Milk WG Muffins
05 Pretzel Rod 2 Sliced Cheese	06 Activity Milk Graham Crackers	07 Sliced Cucumber Tortilla Chips	08 Activity Pinwheel Flatbread Cream Cheese 2 Turkey Slices	09 Milk Strawberry Yogurt Chex
12 2 Sliced Cheese 4 Wheat Crackers	13 Activity Banana Wrap Tortilla Banana Nutella	14 Gold Fish Applesauce	15 Activity Banana Split Yogurt Banana Chocolate Chips HS	16 Teddy Grahams Orange Slice
19 Cheese Slices EHS Cheese Sticks Sliced Cucumbers	20 Activity Cracker Stackers 4 Wheat Crackers Cream Cheese 2 Sliced Ham	21 Pretzel Rod Orange Slices	22 Activity Parfait Yogurt Berry Blend Granola HS	23 Graham Crackers Nutella Milk
26 Broccoli Fresh String Cheese Sliced Cheese EHS	27 Activity Fruit Pizza Flat Bread Cream Cheese Strawberries	28 Tropical Fruit Cheese-Its Crackers	29 Activity Banana Pudding Yogurt Banana Grahams	30 Milk WG Muffin



Announcements

Trunk or Treat

6:30 pm to 8:00 pm
 900 S Grant Ave
 Hollingsworth Head Start



www.SquareMeals.org



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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