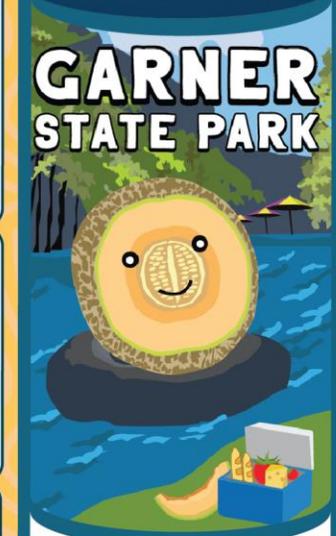


Head Start Lunch Menu

MAY MENU 2024



ANNOUNCEMENTS:
Mother's Day 12th

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6TH 6 oz. Milk
1 Soft Beef Taco
1/8 c. Diced Tomatoes
1/8 c. Shredded Lettuce
1/8 c. Black Beans
1/4 c Peaches

7TH 6 oz. Milk
1/2 Chicken Fajitas
1/8 c. Refried Beans
1/4 c. Shredded Lettuce
1/4 c. Apricots

1ST 6 oz. Milk
1 1/2 oz Hamburger
1 slc Lettuce & Tomato
1/4 c. Tater Tots
1/4 c. Mandarin Oranges

2ND 6 oz. Milk
3/4 c. Lasagna
1/4 c. Peas & Carrots
1/4 c. Apricots
1/2 Dinner Roll



13TH 6 oz. Milk
1 Grilled Ham & Cheese
1/4 c. Tomato Soup
1/4 c. Mixed Fruit

8TH 6 oz. Milk
2 oz Salisbury Steak
2 Tbsp Gravy
1/4 c. Mashed Potatoes
1/4 c. Roasted Broccoli
1/2 slc Bread
1/4 c. Mixed Fruit

9TH 6 oz. Milk
1/2 c. Beef Goulash
1/4 c. Carrots
1/4 c. Strawberries
1/2 Dinner Roll

10TH 6 oz. Milk
4 Fish Sticks
1/4 c. Sweet Potatoes
1/4 c. Berry Blend
1/2 slc Bread

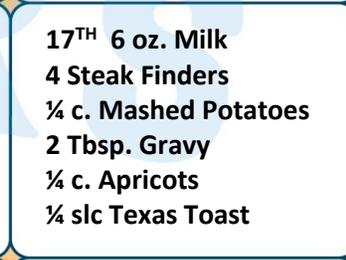
17TH 6 oz. Milk
4 Steak Finders
1/4 c. Mashed Potatoes
2 Tbsp. Gravy
1/4 c. Apricots
1/4 slc Texas Toast

20TH 6 oz. Milk
1 Chicken Quesadilla
1/4 c. Spanish Rice
1/4 c. Diced Tomatoes
1/4 c. Berry Blend

14TH 6 oz. Milk
1 1/2 oz Grilled Chicken Patty
1/4 c. Broccoli Normandy
1/4 c. Fried Rice
1/4 c. Strawberries
1/2 slc Bread

15TH 6 oz. Milk
3/4 c. Beef Spaghetti
1/4 c. Green Beans
1 Dinner Roll
1/4 c. Raspberries

16TH 6 oz. Milk
1/2 Chicken Enchilada
1/4 c. Refried Beans
1/4 c. Tossed Salad
1/4 c. Mangos



21ST 6 oz. Milk
1/2 Sloppy Joe
1/8 c. Baked Beans
1/4 c. Carrot Sticks
1/4 c. Pineapples

22ND 6 oz. Milk
6 Beef Ravioli Pies
1/4 c. Corn
1/4 c. Mangos
1/2 slc Garlic Toast

23RD 6 oz. Milk
12 Popcorn Chicken
1/8 c. Sweet Potatoes
1/8 c. Snap Peas
1/4 c. Apricots

27TH *Memorial Day*

31ST **Start**

