

# December 2024 | Early Head Start Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 1/2 Soft Pretzel Rod 1 Wild Watermelon Applesauce	<b>3</b> Activity: Yogurt Parfait 1/4 c Vanilla Yogurt 1/2 c Chex Cereal 1/4 c Diced Strawberries	<b>4</b> 1/2 Sliced Cheese 1/2 c Pears	<b>5</b> Activity: Pin Wheels 1 WW Tortilla 1 slc (.50 oz) Ham	<b>6</b> 4 oz Milk 1/4 c Gold Fish
<b>9</b> 4 oz Milk 1/2 Pretzel Rod	<b>10</b> Activity: Cracker Stacker 4 Wheat Crackers 1 slc (.50 oz) Ham	<b>11</b> 2 Graham Crackers 1/2 c Tropical Fruit	<b>12</b> Activity: 1 /2 Slice Cheese 1/2 c Fresh Apple Diced	<b>13</b> 4 oz Milk 1/2 WG Muffin
<b>16</b> 1/2 c Applesauce 1/4 c Gold Fish	<b>17</b> Activity: Fruit Pizza 1/2 Bagel 1/2 c Strawberries	<b>18</b> 1 pk Teddy Grahams 1/2 c Pears	<b>19</b> Activity: Banana Pudding 1/4 c Vanilla Yogurt 1/2 c Bananas .25 oz Graham Crackers	<b>20</b> 4 oz Milk .50 oz Strawberry-Yogurt Chex Cereal
<b>23</b> 	<h1>Happy Holidays</h1>			
<b>30</b> 	<b>31</b> 			

## Announcements:

Winter Break will be December 23<sup>rd</sup>, 2024 through Jan 6<sup>th</sup>, 2025

Have a safe holiday!



Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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