




# December 2024 | Head Start Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 6 oz Milk ¼ c Spiced Oatmeal ¼ c Raisins	<b>3</b> 6 oz Milk ½ WG Waffle 1 Tbsp Grape Jam ½ c Mixed Fruit	<b>4</b> 6 oz Milk 1 oz Turkey Sausage Patty ½ slc WW Toast ½ c Bananas	<b>5</b> 6 oz Milk 1 Breakfast Taco ½ c Pineapples	<b>6</b> 6 oz Milk 1 oz Apple Muffin ½ c Oranges
<b>9</b> 6 oz Milk 1 Egg, Ham & Cheese Square ½ slc WW Toast ½ c Peaches	<b>10</b> 6 oz Milk 1-4" Pancake ½ c Mango Applesauce	<b>11</b> 6 oz Milk ½ Cheerios ½ c Bananas	<b>12</b> 6 oz Milk 1 Turkey & Biscuit Sandwich ½ Mandarin Oranges	<b>13</b> 6 oz Milk ½ slc Cinnamon Toast ½ c Pears
<b>16</b> 6 oz Milk 1 Biscuit & Gravy ½ c Mixed Fruit	<b>17</b> 6 oz Milk ½ Egg & Cheese Burrito ½ c Bananas	<b>18</b> 6 oz Milk 1 slc Breakfast Pizza ½ c Pineapples	<b>19</b> 6 oz Milk 1 French Toast Stick ½ c Applesauce	<b>20</b> 6 oz Milk ½ Sausage Breakfast Sandwich ½ c Peaches
<b>23</b> 	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<h1>Happy Holidays</h1>				
<b>30</b>	<b>31</b>	 <div style="text-align: right;">  <p><b>Pomegranates</b> Season in Texas: October - December <b>Did you know?</b> Pomegranate trees can live for over 200 years</p> </div>		

## Announcements:

Winter Break will be December 23<sup>rd</sup>, 2024 through Jan 6<sup>th</sup>, 2025

Have a safe holiday!



Food and Nutrition Division  
www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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