

# December 2024 | Head Start Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> ½ Soft Pretzel Rod 1 Wild Watermelon Applesauce	<b>3</b> Activity: Yogurt Parfait ¼ c Vanilla Yogurt ½ c Chex Cereal ¼ c Diced Strawberries	<b>4</b> 1 oz String Cheese ½ c Pears	<b>5</b> Activity: Pin Wheels 1 Tbsp Cream Cheese 1 WW Tortilla 1 slc (.50 oz) Ham	<b>6</b> 4 oz Milk ¼ c Gold Fish
<b>9</b> 4 oz Milk ½ Pretzel Rod	<b>10</b> Activity: Cracker Stacker 4 Wheat Crackers 1 slc (.50 oz) Ham 1 Tbsp Cream Cheese	<b>11</b> 2 Graham Crackers ½ c Tropical Fruit	<b>12</b> Activity: Ants on a Boat 1 Tbsp Peanut Butter ½ c Fresh Apple Slices 1/8 c Raisins	<b>13</b> 4 oz Milk ½ WG Muffin
<b>16</b> ½ c Applesauce ¼ c Gold Fish	<b>17</b> Activity: Fruit Pizza ½ Bagel 1 Tbsp Cream Cheese ½ c Strawberries	<b>18</b> 1 pk Teddy Grahams ½ c Pears	<b>19</b> Activity: Banana Pudding ¼ c Vanilla Yogurt ½ c Bananas .25 oz Graham Crackers	<b>20</b> 4 oz Milk .50 oz Strawberry-Yogurt Chex Cereal
<b>23</b> 	<b>24</b> <b>25</b> <b>26</b> <b>27</b> <h1 style="font-size: 4em;">Happy Holidays</h1>			<b>27</b>
<b>30</b> 	<b>31</b> 			
		 <b>Pomegranates</b> Season in Texas: October - December Did you know? Pomegranate trees can live for over 200 years		

## Announcements:

Winter Break will be December 23<sup>rd</sup>, 2024 through Jan 6<sup>th</sup>, 2025

Have a safe holiday!



Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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