

January 2025 | Head Start Breakfast Menu



Monday Tuesday Wednesday Thursday Friday

Oranges

Season in Texas: September - April

Did you know?

Like cantaloupes, oranges won't ripen once they're picked




Announcements:

Winter Break will be December 23rd, 2024 through Jan 6th, 2025
Have a safe holiday!

Enjoy Winter Break!



<p>6</p> <p>Staff Development</p>	<p>7 6 oz Milk 1/2 Waffle 1 Tbsp Grape Jam 1/2 c Mixed Fruit</p>	<p>8 6 oz Milk 1 oz Turkey Patty 1/2 c Banana 1/2 slc WW Toast</p>	<p>9 6 oz Milk 1 Breakfast Taco 1/2 c Pineapples</p>	<p>10 6 oz Milk 1 oz Apple Muffin 1/2 c Oranges</p>
<p>13 6 oz Milk 1 oz Turkey Patty 1/2 c Mango</p>	<p>14 6 oz Milk 1/2 c Corn Flakes 1/2 c Bananas</p>	<p>15 6 oz Milk 1/4 c Scrambled Eggs 1/2 slc WW Toast 1/2 c Oranges</p>	<p>16 6 oz Milk 1/2 WW Bagel 1 Tbsp Cream Cheese 1/2 c Pineapple</p>	<p>17 6 oz Milk 1/2 slc Cheese Toast 1/2 c Pears</p>
<p>20 No School</p> 	<p>21 6 oz Milk 1-4" Pancake 1/2 c Mango Applesauce</p>	<p>22 6 oz Milk 1/2 c Cheerios 1/2 c Bananas</p>	<p>23 6 oz Milk 1 Turkey & Biscuit Sandwich 1/2 c Mandarin Oranges</p>	<p>24 6 oz Milk 1/2 slc Cinnamon Toast 1/2 c Pears</p>
<p>27 6 oz Milk 1 Biscuit & Gravy 1/2 c Mixed Fruit</p>	<p>28 6 oz Milk 1/2 Egg & Cheese Burrito 1/2 c Bananas</p>	<p>29 6 oz Milk 1 slc Breakfast Pizza 1/2 c Pineapples</p>	<p>30 6 oz Milk 1 French Toast Stick 1/2 c Applesauce</p>	<p>31 6 oz Milk 1/2 Breakfast Sausage Sandwich 1/2 c Peaches</p>



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
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National School Lunch Program