

January 2025 | Early Head Start Breakfast Menu



Announcements:

Winter Break will be December 23rd, 2024 through Jan 6th, 2025
Have a safe holiday!

Enjoy Winter Break!



Monday

Tuesday

Wednesday

Thursday

Friday

Oranges

Season in Texas: September - April

Did you know?

Like cantaloupes, oranges won't ripen once they're picked



1

2

3

6

Staff Development

7 4 oz Milk
1/2 Waffle
1 Tbsp Grape Jam
1/4 c Mixed Fruit

8 4 oz Milk
1 oz Turkey Patty
1/4 c Banana
1/2 slc WW Toast

9 4 oz Milk
1 Breakfast Taco
1/4 c Pineapples

10 4 oz Milk
1 oz Apple Muffin
1/4 c Oranges

13 4 oz Milk
1 oz Turkey Patty
1/4 c Mangos

14 4 oz Milk
1/2 c Corn Flakes
1/4 c Bananas

15 4 oz Milk
1/4 c Scrambled Eggs
1/2 slc WW Toast
1/4 c Oranges

16 4 oz Milk
1/2 WW Bagel
1 Tbsp Cream Cheese
1/4 c Pineapple

17 4 oz Milk
1/2 slc Cheese Toast
1/4 c Pears

20 **No School**



21 4 oz Milk
1-4" Pancake
1/4 c Mango
Applesauce

22 4 oz Milk
1/2 c Cheerios
1/4 c Bananas

23 4 oz Milk
1 Turkey & Biscuit Sandwich
1/4 c Mandarin Oranges

24 4 oz Milk
1/2 slc Cinnamon Toast
1/4 c Pears

27 4 oz Milk
1 Biscuit & Gravy
1/4 c Mixed Fruit

28 4 oz Milk
1/2 Egg & Cheese Burrito
1/4 c Bananas

29 4 oz Milk
1 slc Breakfast Pizza
1/4 c Pineapples

30 4 oz Milk
1 French Toast Stick
1/4 c Applesauce

31 4 oz Milk
1/2 Breakfast Sausage Sandwich
1/4 c Peaches



Food and Nutrition Division
www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 6/6/2024
National School Lunch Program