February 2026
Head Start Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 6 oz. Milk 1 Ham & Cheese Croissant ½ c Mixed Fruit	**3** 6 oz. Milk ½ c WG Cereal ½ c Tropical Fruit	**4** 6 oz. Milk 1 slc WW Toast ½ c Hash brown	**5** 6 oz. Milk 1 Waffle ½ c Mixed Berries	**6** 6 oz. Milk WW Toast ½ c Strawberries
9 6 oz. Milk 1 Biscuit 1/8 c Scrambled Eggs ½ c Applesauce	**10** 6 oz. Milk ½ c WG Cereal ½ c Honeydew	**11** 6 oz. Milk 1 slc WW Toast 1/8 c Scrambled Eggs ½ c Apricots	**12** 6 oz. Milk 2 Pancakes ½ c Blueberries	**13** 6 oz. Milk 1 slc Cheese Toast ½ c Tropical Fruit
16 6 oz. Milk 1 Ham, Egg, Cheese Square ½ c Apricots	**17** 6 oz. Milk ½ c Oatmeal ½ c Bananas	**18** 6 oz. Milk 1 slc WW Toast 1 T Sunflower Butter ½ c Mango Applesauce	**19** 6 oz. Milk 1 Biscuit 1 T Gravy ½ c Pears	**20** 6 oz. Milk 1 slc WW Toast 1 Turkey Patty ½ c Blueberries
23 6 oz. Milk 1 Sausage Breakfast Sandwich ½ c Peaches	**24** 6 oz. Milk ½ c WG Cereal ½ c Mixed Berries	**25** 6 oz. Milk 1 slc Breakfast Pizza ½ c Mangos	**26** 6 oz. Milk 2 French Toast Sticks ½ c Blueberries	**27** 6 oz. Milk 1 Bagel 1 T Cream Cheese ½ c Strawberries

TEXAS FARM FRESH

Announcements

Skewers

Strawberries or Bananas

Yogurt

Granola

Just stick a skewer into a strawberry or slice of banana,

dip it in yogurt

roll the pop in granola!

Store the pops in the refrigerator until serving,

This product was funded by USDA. This institution is an equal opportunity provider.